



**COUNTY OF BERGEN**  
**DEPARTMENT OF HUMAN SERVICES**  
**DIVISION OF SENIOR SERVICES**  
 One Bergen County Plaza □ 2nd Floor □ Hackensack, NJ 07601-7076  
 (201) 336-7400 □ Fax (201) 336-7424

James J. Tedesco III  
 Bergen County Executive

Jane C. Linter  
 Department Director

**BERGEN ADRC**  
**KEY TELEPHONE NUMBERS FOR**  
**BERGEN COUNTY OLDER ADULTS &**  
**CAREGIVERS**

Lorraine Joewono  
 Division Director

<b>ACCESSLINK</b> ..... Curb to curb service for disabled clients unable to use public transportation and who live within 3/4 miles of a bus route.	1-800-955-2321
<b>ADULT PROTECTIVE SERVICES</b> ..... To report self-neglect, exploitation or abuse of older adult	201-368-4300 or 1-800-624-0275 (After hours)
<b>ASSISTED LIVING INFORMATION</b> ..... General information and guidelines on licensed assisted living facilities in Bergen County	201-336-7400
<b>BERGEN COUNTY BOARD OF SOCIAL SERVICES</b> ..... Medicaid/New Jersey Care/CCPED/Food Stamps	201-368-4200
<b>BERGEN COUNTY DIVISION OF SENIOR SERVICES</b> .....	201-336-7400 or 1-877-222-3737 (toll free)
<b>CHORE</b> ..... Minor home repairs. No emergencies. Cost of materials only; no labor cost.	201-489-7790
<b>CONSUMER PROTECTION (Bergen County)</b> .....	201-336-6400
<b>DURABLE MEDICAL EQUIPMENT (DME)</b> ..... A list of Medicare participating providers of durable medical equipment including diabetic supplies	1-800-MEDICARE
<b>ELDER CARE LOCATOR</b> ..... Nationwide toll free resource information for seniors	1-800-677-1116
<b>ELDER LAW (Senior Law Project)</b> ..... Free legal assistance & referrals to lawyers	201-487-2166
<b>LIHEAP (Low Income Home Energy Assistance Program)</b> ..... Provides assistance with heating/cooling costs	201-488-5100
<b>THE HOMELESS HOTLINE</b> ..... Emergency assistance and related services	1-888-3-BERGEN 1-888-323-7436
<b>HOUSING AUTHORITY OF BERGEN COUNTY</b> ..... Information and applications for subsidized senior housing	201-336-7600

<b>HOMEOWNER PROPERTY TAX REIMBURSEMENT INFORMATION LINE</b> ..... <b>HOMEOWNER AND TENANT PROPERTY TAX REBATE INFORMATION</b> ....	201-336-7400 800-882-6597
<b>HOUSING COALITION OF BERGEN COUNTY</b> ..... Free legal rights related information for tenants and landlords	201-488-6767
<b>LONG TERM CARE FACILITIES</b> (State of NJ Division of Long Term Care)..... <a href="http://www.medicare.gov">www.medicare.gov</a> -click on nursing homes/New Jersey/Bergen for profiles of facilities) or to request copies of <u>Selecting a Long Term Care Setting</u> guide or deficiency profiles of facilities	1-800-MEDICARE 1-606-633-9051
<b>MEALS ON WHEELS OF BERGEN COUNTY</b> ..... Provides one mid-day meal to homebound Bergen County senior citizens aged 60+	201-336-7420
<b>MEDICARE</b> ( <a href="http://www.medicare.gov">www.medicare.gov</a> ) ..... The official word on Medicare/Medicare Handbook	1-800-MEDICARE or 1-800-633-4227
<b>MEDICARE PART A</b> ( <a href="http://www.medicare.gov">www.medicare.gov</a> ) ..... Payment for inpatient hospital or skilled nursing facility (SNF)/payment for outpatient services at a hospital or SNF/EOMB information	1-800-MEDICARE or 1-800-633-4227
<b>MEDICARE PART B</b> ..... Empire Medicare Services/Physician and outpatient billing/appealing a Part B payment determination	1-800-MEDICARE
<b>NJ MEDICAID OFFICE</b> .....	609-588-2600
<b>NJ STATE DIVISION OF AGING &amp; COMMUNITY SERVICES</b> (Trenton) ..... Available programs, services, and benefits for older adults, local offices on aging outside of Bergen	1-800-792-8820 (Hot Line)
<b>OMBUDSMAN FOR THE INSTITUTIONALIZED ELDERLY</b> ..... Promotes and protects the rights, health, and welfare of seniors in healthcare Facilities; investigates complaints & reports of abuse	1-877-582-6995
<b>PAAD/SENIOR GOLD/LIFELINE/HAAD</b> ..... \$5 Prescription Program/Prescription discount program/\$225 Annual Utility Credit/\$100 Reimbursement for hearing aid	1-800-792-9745
<b>HEALTHCARE QUALITY STRATEGIES, INC. (HQSI)</b> ( <a href="http://www.pronj.org">www.pronj.org</a> ) ..... Formerly PRONJ -improvement in healthcare quality for Medicare beneficiaries	1-800-624-4557
<b>REVERSE MORTGAGE INFORMATION</b> ..... The Division of Senior Services provides the required free counseling on FHA-insured loans	201-336-7569
<b>SENIOR ACTIVITY CENTER INFORMATION</b> .....	201-336-7400
<b>SOCIAL SECURITY</b> .....	1-800 772-1213 (Hot Line) (7:00AM to 7:00PM)
<b>S.H.I.P.</b> ..... State Health Insurance Program for Medicare enrollees	201-336-7413
<b>TRANSPORTATION</b> (Bergen County Community Transportation) ..... Transportation for the Disabled and Elderly of Bergen County information	201-368-5955 or for further information call 201-336-7400